

Seward County Community College
Course Syllabus

I. TITLE OF COURSE: NR1809: NR1809- Nursing Care III

II. COURSE DESCRIPTION: Nine credit hours (9). Five (5) credit hour theory and four (4) credit hour clinical course. Builds upon the concepts, processes and competencies developed in Foundations of Nursing Care I and Nursing Care II, while expanding critical thinking and developing clinical judgment and clinical reasoning. Physical and psychosocial assessment skills are expanded while applying the nursing process to provide and manage care for clients and families in the mental health and acute care settings. The role of the nurse is enhanced as both a provider and manager of care as the student learns to recognize actual/potential health and behavior patterns in adults, children (pediatrics), and families. Clinical experience will provide an opportunity to increase skills and knowledge of communication, client teaching, and function as a member of the healthcare team. For each unit of credit, a minimum of three hours per week with one of the hours for class and two hours for studying/preparation outside of class is expected.

Prerequisite: Completion of Nursing Care II and Pharmacology II with a grade of 'C' or higher OR a Licensed Practical Nurse admitted to the second year (Level II) of the nursing program and has successfully completed the LPN/ADN course.

Co-requisite: Pharmacology III

III. PROGRAM AND/OR DEPARTMENT MISSION STATEMENT: The Nursing Program at Seward County Community College prepares competent practical and associate degree nurses to assist in meeting the health care needs of clients by delivering quality wholistic care.

IV. TEXTBOOK AND MATERIALS:

1. Bowman-Woodall, C., Harding, M., Kwong, J., Roberts, D., Hagler, D., Reinisch, C. (11th edition, 2020). *Study guide for lewis's medical surgical nursing assessment and management of clinical problems*. St. Louis, Missouri: Elsevier.
2. Gorski, L. (7th edition, 2018). *Phillip's Manual of I.V. Therapeutics*. Philadelphia: F.A. Davis.
3. Harding, M., Hagler, D., Kwong, J., Roberts, D., Reinisch, C. (11th edition, 2020). *Lewis's medical surgical nursing and assessment and management of clinical problems*. St. Louis Missouri: Elsevier.
4. Kee, J., Marshall, S., Forrester, C., Woods, K. (9th Edition, 2021). *Clinical Calculations*. St. Louis, Missouri: Elsevier.
5. Pagana, K., Pagana, T., Pagana, T. (14th edition, 2018). *Mosby's diagnostic & laboratory test reference*. St. Louis, Missouri: Elsevier.
6. Taber's. (23rd edition, 2017). *Cyclopedic Medical Dictionary*. Philadelphia: F.A. Davis Company.
7. Townsend, M. (3rd edition, F.A. Davis Company). *Psychiatric mental health nursing concepts of care*. Philadelphia: F.A. Davis.
8. Urden, L, Stacy, K., Lough,M. (8th edition, 2019). *Priorities in critical care nursing*. St. Louis Missouri: Elsevier/Mosby.
10. Vallerand, A., Sanoski, C., Deglin, J. (17th Edition, 2020). *Davis's drug guide for nurses*.

Philadelphia: F.A. Davis Company.

SCCC OUTCOMES: Students who successfully complete this course will demonstrate the ability to do the following SCCC Outcomes.

1. Outcome #1 Read with comprehension, be critical of what they read, and apply knowledge gained to real life situations.
2. Outcome #2 Communicate ideas clearly and proficiently in writing, appropriately adjusting content and arrangement for varying audiences, purposes, and situations.
3. Outcome #3 Communicate ideas clearly and proficiently in speaking, appropriately adjusting content and arrangement for varying audiences, purposes, and situations.
4. Outcome #4 Demonstrate mathematical skills using a variety of techniques and technologies.
5. Outcome #5 Demonstrate the ability to think critically by gathering facts, generating insights, analyzing data, and evaluating information.
6. Outcome #7 Understand each other, moving beyond simple acceptance to embracing and celebrating the rich dimensions of diversity by working as a team to learn, engaging with community, exhibiting cultural awareness, and creating equity.
7. Outcome #9 Exhibit workplace skills that include respect for others, teamwork competence, attendance/punctuality, decision making, conflict resolution, truthfulness/honesty, positive attitude, judgment, and responsibility.

V. COURSE OUTCOMES: Upon completion of this course the student will be able to:

1. Identify stressors and dynamics in the client's life which may have contributed to the development of psychological factors, considering the cultural and psychosocial background.
2. Identify the client's characteristic coping style and defense mechanisms.
3. Apply critical thinking while utilizing the nursing process to plan a therapeutic approach to the client with psychiatric health care problems.
4. Utilize general principles of communication techniques with clients, family, and members of the mental health care team in providing safe and effective care.
5. Demonstrate knowledge of psychotherapeutic medications, identifying safety concerns, side effects, toxic reactions and therapeutic responses.
6. Implement opportunities to teach the client and client's families while providing wholistic care in the mental health care setting.
7. Implement professional standards and scope of practice within legal, ethical and regulatory framework.
8. Prioritize nursing care in relation to responses to actual or potential health problems of the client related to selected medical surgical conditions in children and adults.
9. Demonstrate acquisition of pharmacological knowledge when providing safe and effective care for the adult and pediatric client.
10. Implement professional standards, scope of practice, and the nursing process in the care of the client with acute or chronic alterations in health.
11. Implement client teaching utilizing clinical judgment to promote physical, mental, and spiritual health.
12. Incorporate therapeutic communication and critical thinking in providing nursing

care across the lifespan.

13. Utilize evidenced-based practice to interrelate the impact of disease, the body's systems, growth and development, culture, mental and spiritual health, family, medications, and lab values for diverse population of clients.

VI. COURSE OUTLINE:

I. Foundations for Psychiatric/Mental Health Nursing

- a. Mental Health First Aid
- b. Assessment of the Psychiatric Client
- c. Relationship Development & Therapeutic Communication
- d. Ethical and Legal Issues in Psychiatric/Mental Health Nursing
- e. Therapeutic Approaches in Psychiatric Nursing Care

II. Responses to Altered Cardiac Function - One

- a. Assessment Clients with Cardiac Disorders
- b. Nursing Care of the Client with Cardiac Dysrhythmias
- c. Nursing Care of Client with Myocardial Infarction

III. Responses to Altered Vascular Functioning

- a. Assessment of Client with Peripheral Vascular Disorder
- b. Nursing Care of the Client with a Cerebral Vascular Accident

IV. Mental Health Disorders

- a. Substance-Related and Addictive Disorders
- b. Legal and Ethical Issues in Psychiatric Nursing
- c. The Nurse's Role in Pain Control

V. Responses to Altered Respiratory Functioning

- a. Nursing Care of the Client with Infection of the Respiratory Tract
- b. Nursing Care of the Client with Chest Trauma
- c. Nursing Care of the Client with Cancer and Chest Surgery

VI. Mental health Disorders

- a. Anxiety and Personality Disorders
- b. Mood Disorders
- c. Psychotic Disorders

Psychiatric/Mental Health Nursing of Special Populations

- d. Issues Related to Human Sexuality and Gender Dysphoria
- e. Care of the Client in Crisis
- f. Survivors of Abuse and Neglect
- g. Children and Adolescent Disorders
- h. Eating Disorders
- i. Delirium and Dementia

VII. Responses of Altered Fluid and Electrolyte Imbalance

- a. Assessment of the Client with Fluid and/or Electrolyte Imbalances
- b. Nursing Care for the Client with Fluid and/or Electrolyte Emergency

VII. Responses of Altered Immune System and Hematologic Disorders

- a. Assessment of the Client with Hematologic Disorders
- b. Nursing Care of the Client with HIV Infection and AIDS
- c. Nursing Care of Clients with Organ/Tissue Transplants

VIII. Responses of Altered Endocrine Function

- a. Nursing Assessment of the Client with Endocrine Disorders
- b. Nursing Care of the Client with Diabetes Ketoacidosis and HHNS
- c. Nursing Care of Clients with Critical Disorders of Pituitary, Thyroid, Parathyroid and Adrenal Glands

INSTRUCTIONAL METHODS:

- A. Lecture/discussions
- B. Guest Speakers
- C. Selected reference readings
- D. Canvas Assignments

INSTRUCTIONAL AND RESOURCE MATERIALS: Handouts, videos, journal articles, simulation

Note: This is a team-taught course therefore, though these methods and materials are available, it is possible that not each of them will be utilized based on the individual instructor preference.

METHODS OF ASSESSMENT:

1. SCCC Outcome #1 will be assessed and measured by class participation, written care plans, exams, and written assignments indicating comprehension of material read.
2. SCCC Outcome #2 will be assessed and measured by written and verbal care plans, process recordings of nurse-client interactions, and demonstration of communication techniques in the clinical setting.
3. SCCC Outcome #3 will be assessed and measured by class participation, evaluation of verbal nurse-client interactions and participation in a team building experience.
4. SCCC Outcome #4 will be assessed and measured by medication calculations and computer simulation assignments.
5. SCCC Outcome #5 will be assessed and measured by written examinations, nursing care plans and class discussion.
6. SCCC Outcome #7 will be assessed and measured by application of classroom material in the clinical setting, care plans, and written examination.
7. SCCC Outcome #9 will be assessed and measured by performance at the clinical site, participation with classmates in the clinical and classroom setting and participation in a team building experience.

Accessibility Services: Under the Americans with Disabilities Act, Seward County Community College will make reasonable accommodations for students with documented disabilities. If you

need support or assistance because of a disability, you may be eligible for academic accommodations. Students should identify themselves to the Dean of Students at 620-417-1106 or go to the Student Success Center in the Hobble Academic building, room A149.

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